

Newsletter



February 2014

Special points of interest:-

- From April 2014 all employees have the right to apply for consideration for flexible working.
- Volunteers are not covered by disability legislation.
- The review by Carol Black and David Foster highlights the importance and benefits of occupational health in the workplace.
- According to research by the Imperial College London 1 in 6 cases of adult onset of Asthma maybe due to occupational exposure.
- The Equality and Human Rights Commission and the CIPD have launched guidance for employers on how to support workers affected by domestic violence or abuse.

Proactive absence and attendance management can help reduce your costs.

The British Heart Foundation announced about 2 per cent of employees call in sick every week. This equates to an estimated cost of £100bn per year for the economy.

Proactive absence and attendance management can help to reduce these costs. Please click on the link below to read the full article:

[British Heart Foundation](#)

A recent survey found 1 in 5 employees had taken time off work due to stress of their work expectations. Stress assessments for employees can highlight problems before going off sick and addressing issues early can prevent prolonged periods of sickness absence.

DWP has published research into fit notes.....

DWP has published research into fit notes: More than a 1/3 had mental health disorders, more than a 1/5 were off work for a period of 1 week or less, about 50% for 1-4 weeks absence, about 25% for 1-3 months absence, 40% of employers report

Carpal Tunnel Syndrome

Carpal Tunnel Syndrome is common in people working in an office, with computers, food processing, production line operatives and hairdressers. Symptoms can easily be detected in a health surveillance medical.

We offer an online health surveillance program for Carpal Tunnel Syndrome. Please contact us for further information by clicking on the link below.

[Contact Us](#)

Research from a You Gov poll reveals....

31% of employees surveyed did not have provisions for Occupational Health Services like wellbeing programmes or counselling. 28% did state their employer did not offer any OH services.

We can offer customised Occupational Health services suited to your needs. Please click on the link below to visit our website for information of our services.

www.BusinessandHealth.co.uk



**Business And Health
Consultancy Ltd
288 Bishopsgate
London
EC2M 4QP**