

Newsletter



May 2014

Special points of interest:-

- OH Tax Exemption.

At the moment it looks as if the government is planning to introduce an exemption of tax for up to £500 for medical treatment recommended by occupational health to support an earlier return to work.

- Nurse Revalidation.

The Nurses and Midwifery Council (NMC) as the regulating body for nurses and midwives, plan for the introduction of revalidation for nurses by End 2015. Revalidation will be required every 3 years to continue with a licence to practice.

Physicians started the revalidation and licence to practise in December 2012

- Pregnancy and Lifting.

A Danish study shows lifting loads of more than 20 kg and more than 10 times a day being associated with a risk of pre-term birth. Lifting below 20 kg is now to be seen as a safe limit as the daily weight lifted shows a direct correlation to the risk of early delivery.

- Flexible working

As of April 2014 all employees have the right to apply for consideration of flexible working.

Recent survey found 52% of employees are experiencing work related stress....



A recent survey conducted by the Occupational Safety and Health Association OSHA found 52% of employees are experiencing work related stress. A further 40% think their employer is not handling stress issues very well. About 40% of employers feel psychological risks are more difficult to manage than traditional occupational health and safety risks.

Business and Health Consultancy has medical practitioners experienced in advising employees and businesses on the best strategies.

Please click on the link below to obtain further information from our website or to contact us

www.BusinessandHealth.co.uk

Blood Pressure and Diabetes

The National Diabetes Audit found in England and Wales 48% of patients with diabetes met desired targets of a blood pressure of less than 140/80mmHg.

Regular health checks at work can identify health problems early and enable treatment before it is too late. Call us for a quote!

Pre-Placement ethics....

The Faculty of Occupational Medicine has published a guide on ethics in occupational health practice. It stresses medical questions in Pre-Placement questionnaires (previously known as Pre-Employment) need to be relevant to the duties.

Call us to discuss assessments relevant to your requirements

Health & Safety at Work

To ensure health and safety in the workplace the UK has The Health and Safety at Work Act 1974 and more than 200 H&S regulations. The most important ones are:-

- Management of Health and Safety at Work Regulations 1992
- Provision and Use of Work Equipment Regulations 1998 (PUWER)
- Manual Handling Operations Regulations 1992
- Workplace (Health, Safety and Welfare) Regulations 1992
- Personal Protective Equipment at Work Regulations 1992
- Health and Safety (Display Screen Equipment) Regulations 1992

For further information including links to the full official regulations Acts please visit our website at www.BusinessandHealth.co.uk



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