

Newsletter



December 2014

Special points of interest:-

- HIV Healthcare workers with HIV will not be generally banned from performing health care duties as introduced in April 2014. They will be assessed case by case and may be permitted to conduct exposure prone procedures.
- Burnout is a syndrome resulting from prolonged exposure to stressors. A survey in health workers showed it being more frequent in shift workers. Good sleep of 6-8 hours a day was associated with experiencing less burn-out.
- A systematic review shows that demanding physical work during pregnancy can cause premature birth.
- Children and Families Act 2014 came into force 30 June 2014. It offers all employees the right to request flexible working.



Please note our office will be closed from

24th December reopening on the 5th January 2015



**Business And Health
Consultancy Ltd
288 Bishopsgate
London
EC2M 4QP**

Ebola - Could it affect your staff?

Currently the virus causing Ebola is common in West Africa. People coming or returning from Guinea, Sierra Leone or Liberia might have caught the infection there and brought it with them to the UK. It is important to be aware of the risk and most importantly not getting paranoid. Here are some facts helping you to conduct a proper risk assessment.

For further information to help you conduct a proper risk assessment please click on the link to our website.

Ebola link www.businessandhealth.co.uk/ebola.php

Latest Health and Safety Statistics...

The latest statistics on work-related health and safety in Great Britain 2013/14 has revealed the following annual key figures:

£14.2 billion estimated cost of injuries and ill health from current working conditions (2012/13).

28.2 million working days lost due to work-related illness and workplace injury.

1.2 million working people suffer from a work-related illness.

629 000 injuries at work according to the Labour Force Survey.

78 000 other injuries to employees reported under RIDDOR.

2535 mesothelioma deaths due to past asbestos exposures (2012).

133 workers killed at work.

Are you suffering with back pain?

Back pain occurs in about 15% of all patients. It usually results in a good recovery and 93% return to work. However, the duration of the time off work can vary widely and last in less than 50% up to a half a year or even a year. Adaptations in the workplace or temporarily alternative duties can shorten the time off sick and positively influence recovery.

Please [contact us](#) for further information on this service.